

# Head Start Family Newsletter

## HOW WE CAN PREVENT INFECTIONS

Everyone's help is important to control infectious diseases. Parents, children, caregivers and center staff must work together to stop germs from spreading.

The first step to control infectious diseases is setting clear policies for the child care setting. These policies should include:

**Immunization:** Children's and adult's immunizations should be up to date. Center staff and children's files need to include this information. Children should be immunized against: diphtheria, whooping cough (pertussis), tetanus, polio, measles, mumps, German measles (rubella), and Haemophilus influenzae type b or Hib (which causes bacterial



## Literacy Express

Theme:

Transportation

Letters:

N, V, I

Concepts:

Common Shapes

(SQUARE, TRIANGLE, RECTANGLE)

meningitis and epiglottitis). A vaccine for chicken pox is not yet available.

**Illness:** Neither children nor adults should be in the child care setting when they are sick. The program's policies should clearly set out

guidelines for when caregivers, center staff or children are required to stay home. Guidelines help parents decide if their children should go to child care. Parents should arrange in advance to have alternative child care available.

**Communication:** Both caregivers and parents should keep each other informed about the health of each child, every day. In this way, infectious diseases can sometimes be stopped from spreading.

**Hygiene:** Every setting needs clear policies and practices for infection control. These should include hand washing, sanitation and food safety requirements

### Chautauqua

18-Logan B.  
18-Rolland C.  
25-Gracie F.

### Chipley

18-Noah O.  
26-James M.



### Walton

Keyaunte' M. 12-Ja'Rius R.  
14-Ebony K. 12-Morgan H.  
17-Curtis C.  
18-Tatyana K.  
23-Devon T.

### Westville

16-Steven J.  
18-Olivia Y.  
18-Nicholas Y.  
20-Heaven R.  
28-Billy W.  
29-Xavier J.

FEBRUARY'S BIRTHDAYS!