

# Head Start Family Newsletter

## What are Preschoolers Like?

Preschoolers are physically active creatures. By the end of toddlerhood, they have mastered most of the large motor physical abilities they will have. But what they have not yet achieved is the coordination and agility that will be evident by the end of the preschool period. For example, two-year olds can run and throw balls, but the quality of these movements is markedly different from the smooth skill of the five-year-old. The need for activity to increase coordination keeps preschoolers on the move, though lengthening attention spans allows them to stick with activities without the ceaseless movement of toddlers.

Preschoolers gradually depend less on attentions and constant assistance from adults, although they are still bound to them by affection, and thus a desire to please and be like them. This affectionate bond motivates preschoolers to adopt adult standards of appropriate or inappropriate behaviors. But developing a conscience and becoming more self-controlled is a long, slow process and begun during the preschool years.

Children in these years struggle with egocentric perspectives against the dictates of limits for group behavior.

As preschoolers move from dependence on adults, other children become increasingly important to them. Children of this age are searching for friends and learning lessons about how one behaves as a friend.

Preschool children like to play. They can play alone, with others, inside, or outside. Preschoolers are beautifully confident creatures who are filled with enthusiasm to explore the world around them and the people in it. Hungry

## Look What We're Learning

Themes:

*Families and Ocean Life*

Family Members:

*Father / Mother*

*Grandparents / Baby*

Ocean Life:

*Dolphin / Sea Lions*

*Sea Turtles / Sharks / Crabs*

Community Helper:

*Doctor / Nurse*

Nutrition:

*5 - A - Day*

Nursery Rhyme:

*There Was an Old Woman*

Holidays & Special Events:

*Grandparents Day*

*Hispanic Heritage Week*

Opposites: *Noisy / Quiet*

Color: *Red*

Shape: *Circle*

Numbers: *0 & 1*

Alphabet: *A & B*

to learn how to live in this world, their awareness is moving from a strictly egocentric (self-centered) perspective to an outward perspective. They are like adventuring explorers who have an insatiable need to know and do more in the larger world around them.

Gestwicki, Carol

"Developmentally Appropriate Practice."

1999, 2<sup>nd</sup> edition, Pg. 96, 97

Delmar Publishers

### Chautauqua

8-Michele H.  
14-Cynthia R.  
25-Makenzi W.

### ChIPLEY

13-Shawnesha M.  
23-Tamia J.



### Walton

9-Makayla R.  
23-Alexis K.  
25-Joseph C.

### Westville

7-Tristian C.  
9-Jennifer G.  
12-Austin S.  
18-Hunter Y.  
18-Johnathan R.  
22-Mary R.

SEPTEMBER'S BIRTHDAYS!